

Course Title : International Training Course on Management of Long - Term Adherence to ART

Highly Active Antiretroviral Therapy (HAART) is the most common therapy using an antiretroviral drug which can reduce viral load and mortality rate of AIDS cases. For the efficient treatment of reducing viral load, HIV-RNA < 50/mm³ level, the patient has to continue taking prescribed medication correctly, on time, regularly, to control reducing the viral load in the body at lowest level to give better immunity and decelerate HIV/AIDS resistance for good health, and to avoid drug resistance. If the patient can take the ARV regularly more than 95 % of drug regimen ARV, he/she will have more efficiently to reduce viral load. On the other hand, patient who takes ARV less than 95% of regimen, ARV will not reduce viral load in blood efficiently. So medication adherence is the vitally necessary in the long-term treatment to reduce HIV and increase immunity in order to help patient improve quality life for long living.

Thailand has experiences of Long-Term adherence on ART for more than 10 years and we have the knowledge, technology, expertise, and lesson learnt from Long-Term Adherence to ART to transfer to other countries. With the financial support from Thailand International Cooperation Agency (TICA), a five-day international course is designed for a medium group of participants. The objective are to provide more knowledge and understanding about principles and concepts of Long – Term Adherence and to set up strategies, methodology including monitoring and evaluation of Long – Term Adherence. The target countries are Maldives, Federative Republic of Brazil, Republic of Botswana, Republic of Kenya, United Republic of Tanzania, Republic of Uganda, Republic of Zambia and Thailand. TICA forwarded the official invitation to the Royal Thai Embassy or Consulate in their countries. The training course consists of lectures, presentations, discussion and field study.

For more information or any further enquiries, please contact e-mail: training@itcthai.org.